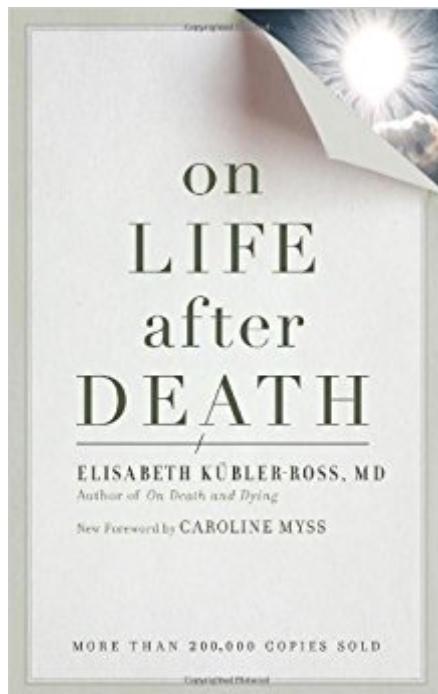


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On Life After Death, Revised



Synopsis

In this collection of inspirational essays, internationally known author Dr. Elisabeth Kübler-Ross draws on her in-depth research of more than 20,000 people who had near-death experiences, revealing the afterlife as a return to wholeness of spirit. With frank and compassionate advice for those dealing with terminal illness or the death of a loved one, **ON LIFE AFTER DEATH** offers a compelling message of hope to the living, so that they may grow stronger from tragedy and live life to the fullest. The classic collection of essays on death, dying, and the afterlife, by Dr. Elisabeth Kübler-Ross. Features a new foreword by Caroline Myss. Previous edition sold more than 200,000 copies. Reviews "I am so grateful that I was given the opportunity to review such ground-breaking material on death and dying. This 85 page gem has made a huge difference in my life. This world renowned author will always be remembered for her clear and accurate account of the 5 stage dying process, and the impact her work has had will echo through the corridors of time." There are many excellent books out on the subject of near death experiences, and life after death experiences, but I had always been curious as I got older what the process of shedding my body suit was all about. Just about the time I thought I would even start looking for a book on the topic I would get a funny feeling in the pit of my stomach and decide maybe it wasn't a good idea after all. I would recommend this gentle honest helper to anyone who has a true desire to learn the many facet of such a natural part of life."-Riki Frahmann

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Customer Reviews

* Features a new foreword by Caroline Myss.

ELISABETH KÅBLER-ROSS (1926-2004), MD, was a best-selling author and the world's foremost expert on the subjects of death and dying, best known for introducing the five stages of grief. She worked with thousands of terminally ill patients during her lifetime.

On Life After Death Elizabeth Kubler-Ross, M.D. Author of *On Death and Dying* with a Forward by Caroline Myss "I consider her one of the heroines of our age." Caroline Myss The book is based on the author's study of over twenty thousand people who have had a near death experience. Ross, of course, did the pioneering work on the five stages of dying that has influenced the lives of countless people as they face the grieving process... Selected Quotes from the book (a series of lectures): "The opinion which other people have of you is their problem, not yours." "In order to quiet the skeptics we did a scientific experiment with blind people. Those who had an out of body experience and came back... -- can tell you in detail what the color of the jewelry you were wearing if you were present... the color and pattern of your sweater or your tie and so on..." "... dying is only a transition to a different form of life." "God is unconditional love." "All the hardships you face in life... If only you would realize that nothing comes to you in life as a negative. All the trials and tribulations... are gifts to you. ... It's like somebody has to temper the iron. It's an opportunity that you are given to grow. This is the sole purpose of your existence on planet earth. You will not grow if you sit in a beautiful flower garden and somebody brings you gorgeous food on a silver platter. But you will grow if you are sick, if you are in pain, if you experience losses and if you do not put your head in the sand but take the pain and learn to accept it is not a curse or a punishment, but as a gift to you as a very very special specific purpose." "Death is simply a shedding of the physical body like the butterfly shedding the cocoon. It is a transition to a higher state of consciousness where you continue to perceive, to understand, to laugh and to grow." "(the little girl) She told him it was such a beautiful experience when she died that she did not want to come back. ... she said what made it so special was that her brother was there with her, and held her with great tenderness, love and compassion. ..." "The only problem is that I don't have a brother." ... Her father started to cry, and confessed that she did have a brother who had died three months before she was born. ..." Get in touch with your own inner self and learn not to be afraid." "You make your own hell or your own heaven by the way you have lived." "All of us when we were born from the Source, from God, were endowed with a facet of divinity." "Also the moment after death occurred, their facial features showed an incredible sense of

peace, equanimity, and serenity which I could not comprehend since it was often a death that occurred in a state of anger, bargaining or depression. "...people will also be aware that it is impossible to die alone." An American Indian woman struck by a hit and run driver...A stranger stopped to help. She asked if he could at some time tell her mother some 700 miles distant... that she was OK and that she was already with her dad. Some time passed and the stranger gave the dying message to the mother only to discover that the Dad had died of a heart attack one hour prior to the Indian woman's death. "In every audience of eight hundred people there are at least twelve authentic cases of people who have had such an experience..." "Should you shield the canyon from the windstorms... --you would never see the beauty of their carvings."

Have read this years ago and since given it away. I needed to re-read it's wisdom. It's a classic and was the beginning of the hospice movement.

This is a short book, only 85 pages long, of four essays and transcriptions of talks by Dr Kubler-Ross the author of the ground breaking book 'On Death and Dying'. Here she fearlessly approaches the topic of life after death. For those who already believe that death is not the end of their life story this will be an affirmation of their belief. For those who do not believe it gives a credible account of Kubler-Ross' experiences, speaking as someone with a medical and scientific background who has worked in the field for many years.

This is a great book! I am dealing with family members whom are having health issues. This book has helped me understand some of the things that they are going through. I have shared this book with others to help them also in their personal lives.

The late Elisabeth Kubler-Ross was a psychiatrist, prolific author and expert on death and dying. As short as "on Life after Death" is, it captures a lifetime of experience in dealing with the question of what happens when a person dies. The book is a collection of lectures by the author on the many aspects of life's most inevitable event; what Kubler-Ross offers is a vision of what happens at death that is optimistic, based on many, many observations of not only the natural dying process but also of out-of-body experiences (OBE) and near-death experiences (NDE). She explains that "There is one thing everybody has to learn before he can return from where he came, and that is unconditional love. If you have learned and practiced this, you have mastered the greatest lesson of all." The author's sensitivity to and empathy with the subjects of her cases studies reveals that she

has indeed mastered this lesson. Whether or not one accepts her verdict on the meaning of death and the afterlife, one can hardly deny the value of this book in giving hope to the dying and the bereaved. This is a lady who has spent quality time with the dying and given of herself to ease their pain and suffering; she also witnessed the Nazi concentration camps where she saw the depth to which humanity can sink. This is a short but moving read and an eye-opener to the transformational possibilities of life if death is not the final word. If she is correct, then the words of 1 Corinthians 15:55 make sense: O death where is thy sting?

Sadly my husband passed away 3 1/2 months ago, and these books helped me get thru this very raw time of emotions.

A "must" read for anyone interested in NDEs. Should be required reading for anyone in the Seminary.

Elizabeth Kubler-Ross has first hand experience with death and dying. Some of the patient experiences, she mentioned seemed hard to believe, but the book gives a great perspective on the process of death. She takes some of the fear of life after death away. Worth reading.

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